

Tactical Combatives Exam

- 1. Who taught Jiu-Jitsu to the Gracies?**
- 2. Who was the founder of Judo?**
- 3. What do the Japanese words Do and Jitsu mean?**
- 4. Explain the evolution from Jitsu to Do.**
- 5. What are the benefits of competition?**
- 6. What are the drawbacks of competition?**
- 7. What is our plan to gain the benefits of competition and avoid the drawbacks?**
- 8. What sort of grip do you use at the end of the straight arm bar from the mount, and why?**
- 9. Before you can execute the shrimp escape, why would your opponent loosen his legs?**
- 10. How are ties decided in standard competition?**
- 11. What is the crucial part of defending the triangle choke?**
- 12. What are the three basic ranges of stand up fighting?**
- 13. What is the defining characteristic of a warrior?**